DUM DUM GIRLS GROW UP MUSIC {page 14}

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BOSTON

Wednesday, October 19, 2011

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NICOLAUS CZARNECKI/METRO

Fenway. Frights

▶ This guy is just one of the many ghouls and goblins that you can find at Fenway.

Fenway transforms for fear fest

For the first time ever, the Spooky World scream park is taking over Boston's beloved ballpark to create The Fear at Fenway, which will haunt the Hub for 14 days, starting Thursday. The event will feature concessions, games and three attractions. METRO

Bernanke bails out on Occupy invitation

Speaking at annual conference across from protest camp, Federal Reserve chairman sneaks by his biggest critics Demonstrators call him incompetent {page 02}

News

Judgment Day is here again

Rev. Camping predicts quiet end of the world Friday {page 08}

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Fed up in Hub as Bernanke makes speech

Occupiers ask bank boss to stop by for conversation ● Fed chairman delivers keynote speech at Boston bank ● Tent City Square remains calm

NICOLAUS CZARBECKI/METRO

▶ Federal Reserve Chairman Ben Bernanke spoke at the Federal Reserve Bank of Boston yesterday just steps away from where the Occupy Boston movement is headquartered.

DAVID L. RYAN/GLOBE STAFF PHOTO

Federal Reserve Chairman Ben Bernanke managed to slip in and out of the Hub without any direct confrontation from the protesters at Occupy Boston yesterday, but the group still voiced their opinions on the big-bank boss.

"Today [Bernanke] spoke with other high level economists. And today ... Bernanke is incompetent to handle the challenges posed by the mess he and his colleagues failed to see coming," protester Nadeem Mazen told a large group of occupiers camping across the street from the Federal Reserve Building.

Bernanke was in town to deliver a keynote speech at the bank's 56th annual conference.

According to reports, Bernanke was able to go in and out through an entrance unseen by occupiers, who remained mostly docile during the visit.

Prior to his drop-in at the bank building, the Occupy group invited Bernanke to their camp to listen to their "respectful, nonviolent message."

Bernanke was a no show, but that didn't stop Mazen and a herd of followers from calling out the Fed's head.

During his speech, Mazen called Bernanke's lack of transparency in the financial industry "a house of cards" that won't last much longer.

"Your system of keeping the people in the dark will not survive Occupy," he said. "We are turning the lights on."

STEVE ANNEAR
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Chomsky to visit

Activist and author Noam Chomsky is scheduled to address protesters at the Occupy site in Dewey Square today at 6:15 p.m. The group said they "are honored" to be hosting him.

GET MORE ONLINE:
WWW.METRO.US/OCCUPY

Taking down some tarps

A makeshift information center at the entrance of the Occupy Boston site was dismantled by the city's Department of Public Works yesterday at the request of the police.

The wooden structure was built by protesters and housed the handouts they provide to people visiting Tent City Square.

An officer on scene said DPW took it down because members of the Rose Kennedy Greenway Conservancy were concerned and it violated certain restrictions.

"The thing wasn't anchored, a gust of wind could have brought it into traffic on the street," said Boston Police Superintendent-in-chief Dan Linskey.

METRO/SA

In the news

23%

The enrollment at the state's public colleges and universities grew to a 10-year high this fall, according to data released yesterday by the state Department of Higher Education. Enrollment at the schools reached about 196,000 this fall. In 2001, that number was about 159,000. METRO

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SIMON LE BON IN THE ORDINARY WORLD

Logan one of most dangerous

BOSTON. Logan International Airport landed on a list of the country's most dangerous airports according to a recent survey conducted by Travel and Leisure magazine.

Logan was ninth on the list of the 35 most unsafe passenger drop-off destinations that were ranked based on stats from the Federal Aviation Administration's Runway Safety Report and recent runway safety information supplied by the FAA.

The survey looked at the most near misses and runway incidents. METRO

City worker killed as he fixed light

QUINCY. A longtime city worker was killed yesterday when he fell from the bucket truck he was working in.

Robert DeCristofaro, 58, of Braintree, was working in the bucket fixing a traffic light along Route 3A about 10 a.m. when a tractor-trailer rode by, police said.

Police said the incident was under investigation and that it was unclear how the trucks came in to contact. METRO

Accused of monkey business

BOSTON. Police arrested a West Roxbury teen Monday for allegedly stealing a costume from an iParty store.

The manger of the West Roxbury store told police that four people fled the store with two gorilla costumes worth $100 each.

The manager held one of the teens who called another teen to return to the store with a costume. Brian Cherry, 18, was charged with shoplifting. METRO

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▶ Body piercing may soon be regulated by the state, rather than by each city or town.

Pinpointing piercing laws

Filed legislation would create unified state law for body piercing ◐ Local piercer: They make a good point

Lawmakers are looking to get straight to the point when it comes to body piercing laws in Massachusetts by unifying how the piercing business is governed statewide.

"This legislation would provide regulations that promote safe and sanitary practices so that individual cities could refer to them," said Rep. Bruce Ayers, who sponsored the bill heard at the State House yesterday.

Ayers said individual cities and towns currently have their own governing practices when it comes to putting needles in peoples' bodies.

28 The number of states that have laws governing the industry

Ayers proposal would give the state's Department of Public Health the ability to enact regulations governing the licensing and monitoring of body piercing operations, however.

"What's working now in Quincy might be different from Weymouth or Amherst and what they have on the books," said Ayers. "These new requirements would make it clean and safe."

Local piercer Christina Kelley said she supports a blanket law statewide so every establishment could be on the same page in the Bay State.

"I'm in favor of having strict laws when it comes to body piercing. The public hears a lot of different information from different cities, so it would be beneficial to have a unified law," said Kelley, the piercing manager at Stingray in Allston.

Kelley did say, however, that she worried there wouldn't be enough state inspectors to visit every shop in Massachusetts.

STEVE ANNEAR
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Songwriters give props to Boston's 'Titletown'

When a city's four professional sports teams all win championships within a decade it causes some fans to do crazy things.

Christian Wisecarver and Billy Donohoe created an original rap video called "Titletown" on YouTube.

Posted five days ago, it has about 25,000 views.

The creators are videographers by day but, in their spare time, create music and sketch videos for their company The Super Secret Project, which gained fame last year with the release of the Jay-Z spoof, "Granite State of Mind."

"So far the feedback's been great considering that everyone else in the country will hate the thing," said Wisecarver, who raps in the video.

The video is a tribute to the success of Hub sports teams and stars some legends and current players.

"Hold it together, Billy. Hold it together," said Donohoe of his thoughts while rapping with the sports legends. "It was pretty cool."

YOUTUBE.COM

▶ Tim Thomas in the video

Star power

Many Boston current and former sports legends made cameos for the video.

- Steve Grogan
- Johnny Pesky
- Tim Thomas
- Zdeno Chara
- Milan Lucic

The duo met at Emerson College and have been creating movies for more than a decade. They said they weren't trying to send a message with the video.

"At end of day it's a piece of entertainment. We're just trying to have fun and celebrate all of the accomplishments of the last decade," Wisecarver said. MICHAEL NAUGHTON

Big Dig soil concerning

BOSTON. Highway officials met yesterday behind South Station to talk about the ongoing concern over settling soil under the Mass Pike tunnels.

Big Dig engineers have begun test drilling in the area to examine the possibility of a sink hole and whether it is developing.

Soil samples will be used to provide a better look at how bad the hole might be and if there is risk of expansion. METRO

MassDOT gets buses

BOSTON. MassDOT has received $18.4 million from the Federal Transit Administration's 2011 State of Good Repair Program to replace its entire regional fleet of 30 buses.

Customers can expect to see the new buses operating under their host carriers by 2012.

The federal funds will purchase 45-foot ADA accessible passenger buses equipped with clean diesel engines. METRO

Charges for robberies

WOBURN. A Somerville man was arraigned yesterday for robbing three convenience stores while armed.

Michael Wallace, 44, is due back in court in December for a dangerousness hearing.

Wallace allegedly was armed with a gun while he robbed three stores within a span of nine days in June. The stores were located in Somerville, Medford and Winchester, authorities said. METRO

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SOVM9367SREG 9/11

Capturing the flag, jail time

BOSTON. A 48-year-old man pleaded not guilty Monday to stealing an American flag from a Boston construction site this weekend.

Jamie Alenskis allegedly broke into the work site for the new Boston Tea Party Museum on Congress Street Sunday afternoon.

Prosecutors said he climbed to the top of the building, stole the flag and fled. People nearby saw him and alerted police.

Officers spotted him walking along Atlantic Avenue drinking a can of Natural Light beer and they found the flag under his sweatshirt.

Alenskis was held on $750 cash bail. METRO

Let the sun shine (into the parks)

BOSTON. State officials are fighting to save the sunshine in some of the city's parks.

During a meeting at the State House yesterday, Reps. Martha Walz and Byron Rushing argued that legislation to keep newly constructed buildings from casting shadows on certain recreational areas wouldn't be bad for Boston economically.

The bill would restrict new developments from casting shadows on six public parks including the Esplanade and parks in Cambridge.

Opponents of the bill said it would limit the number of floors in a project making them economically infeasible.

METRO

Trying to plow through snow removal problems

NICOLAUS CZARNECKI/METRO

▶ Are you ready?

Agencies look to get ahead of first flakes ◐ Last year, responsibility questions left sidewalks, ramps a mess

After last winter's constant stream of snow storms, which created hazardous walking conditions, city and state officials are already trying to weather the far-off, but guaranteed storms.

Members of the Boston City Council discussed snow removal during a hearing yesterday, which included representatives from various agencies responsible for plowing the roadways throughout the city.

"There are always areas of jurisdictional doubt, certain areas where it's a question of who is in charge," said Councilor Matt O'Malley.

That was one of the major issues of yesterday's hearing — which agency would take responsibility for cleaning certain areas that are on the boundaries of their snow clearing jurisdictions.

Whose job is it?

There are about 8,500 bus stops on the MBTA's bus system. On the T's website, the agency said that the responsibility for clearing snow from the stops could fall on the T, a private contractor or even the property owner or abutter.

While the agency leaders said they would meet before winter to work out the "gray areas" that may get overlooked for clearing, the frustration of the issue became visible when residents asked about certain pathways.

One resident asked city leaders about a bridge leading to a West Roxbury school that was never plowed and handed them a map of the bridge.

After a few nonspecific answers, a frustrated city official spoke up.

"I'll ... find out who owns the bridge. The bridge will get done this year," said city Transportation Commissioner Thomas Tinlin.

MICHAEL NAUGHTON
michael.naughton@metro.us

From left: Andrea McCabe, RN, Michael Wilson, MD, PhD, Jessica Kozaczka, PA-C.
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Viacom, Google duke it out

NEW YORK. Viacom Inc. told an appeals court that Google's YouTube willfully violated copyrights by letting users post videos of copyrighted television shows and movies without authorization.

"There's no evidence of a single clip YouTube knew was infringing that it failed to take down."
ANDREW SCHAPIRO, A LAWYER FOR YOUTUBE

Both sides presented oral arguments yesterday before the U.S. Appeals Court in Manhattan. YouTube told the court it removed infringing videos from the site when notified.

Viacom sued YouTube in 2007, claiming the site's users were illegally uploading thousands of videos of Viacom programs such as "South Park" and "The Daily Show." The entertainment company sought $1 billion in damages. **BLOOMBERG**

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Starbucks adds light bean mix

Coffee conglomerate brewing up a new 'Blonde' roast in bid to grab McDonalds, Dunkin' customers

SPENCER PLATT/GETTY IMAGES

▶ Does Starbucks CEO Howard Schultz prefer blondes?

Starbucks Corp is going "Blonde," expanding its coffee lineup with its lightest roast to date in a move aimed at wooing more customers and capturing a bigger share of the U.S. coffee market.

The world's biggest coffee company is known for its dark roasts, which have prompted some critics to say the chain's coffee tastes burned or bitter.

The new, lighter roast unveiled yesterday is milder in body and acidity than Starbucks' traditional coffees. Executives said customers had been asking for a lighter roast, and they expect Blonde to appeal to a broad audience.

Mass-market competitors McDonald's and Dunkin' Donuts offer milder brewed coffees, and in recent years, have added lattes, mochas and other sorts of "fancy" espresso drinks popularized by Starbucks.

$5.6B

The U.S. packaged coffee category is valued at $5.6 billion. Starbucks shares gained 2 percent to $41.99 yesterday.

"This is a significant opportunity for Starbucks to gain a greater share of the brewed coffee market — both in our stores and down the coffee aisle," Cliff Burrows, president of Starbucks Americas, said in a statement.

According to Starbucks research, more than 40 percent of U.S. coffee drinkers — or about 54 million consumers — prefer a lighter roast coffee, Jeff Hansberry, president of channel development for Starbucks, told Reuters. **REUTERS**

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Judgment waits for Camping followers

Failed doomsday phophet at it again, but this time with more modesty End of days predicted for Friday

Five months after falsely predicting that the world would end on May 21, Christian radio host Rev. Harold Camping is once again saying that the end is nigh. This time, though, he's doing it quietly.

Camping's predictions that the world would end back in May were preceded with a media blitz, with signs of the apocalypse emblazoned everywhere from billboards to buses to banner ads on websites. But when the world failed to end, Camping became a laughingstock.

Camping held on to his faith, and proclaimed a new date for the end of the world: Oct. 21. People

"The end is going to come very, very quietly, probably within the next month." CAMPING

laughed, and then generally moved on. But once again the date approaches. How is he handling the apocalypse the second time around? Very carefully, as it turns out.

There are no bus ads and no billboards this time, and no warnings of giant earthquakes and fiery volcanoes. Camping's newest statement, playing intermittently on Family Radio, advises that for nonbelievers the end will be soft and gentle.

Even the date, so prominent in the first campaign, has been de-emphasized. Camping merely warns "the end is going to come very, very quietly probably within the next month."

So don't worry, heathens: The world is only "probably" going to end on Friday.

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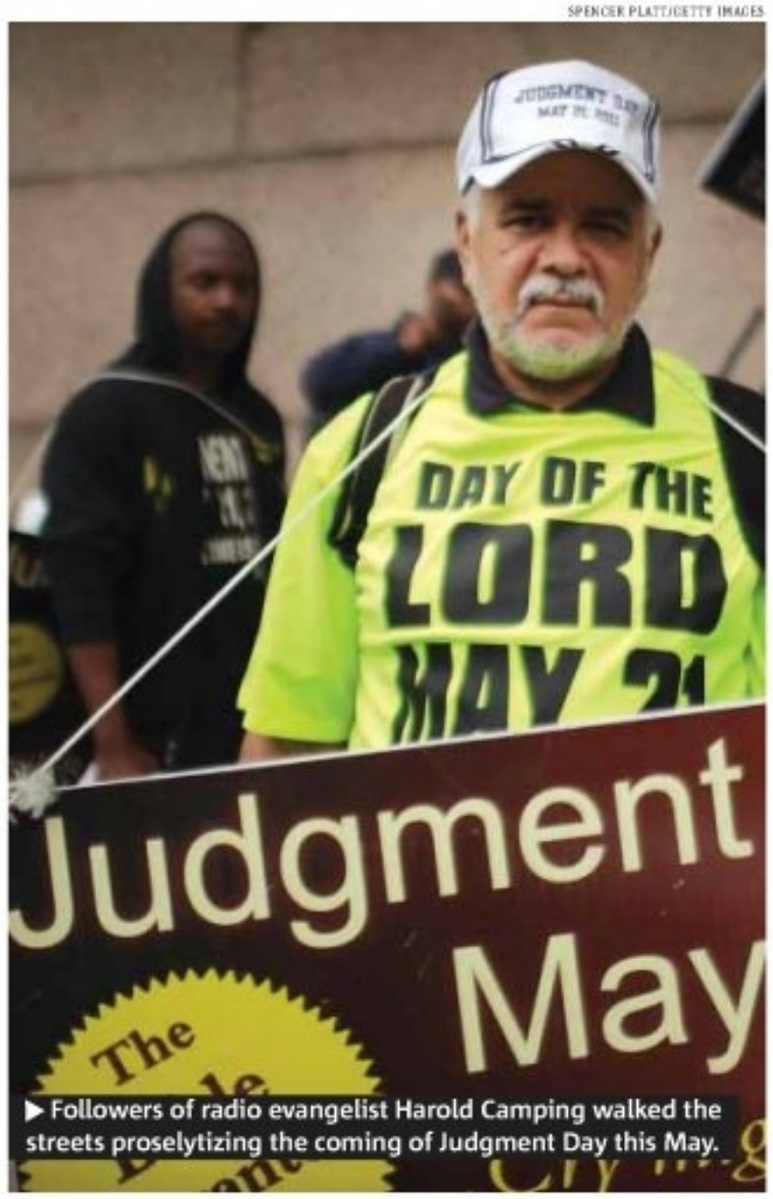
SPENCER PLATT/GETTY IMAGES



▶ Followers of radio evangelist Harold Camping walked the streets proselytizing the coming of Judgment Day this May.

Cain funds go toward own book

WASHINGTON. Republican presidential contender Herman Cain used campaign funds to buy his own books from his motivational speaking company, Federal Election Commission records show.

Although his autobiography was published by a division of Simon & Schuster, Cain paid T.H.E New Voice Inc. $36,511 for books. His campaign spent $4 million through Sept. 30, including more than $64,000 paid to his motivational speaking company for airfare, lodging, supplies and the books.

Cain's autobiography, "This is Herman Cain! My Journey to the White House," made its debut during the weekend in fourth place on The New York Times best-seller list. The FEC has let campaigns buy candidates' books as long as they don't profit by the sale. BLOOMBERG

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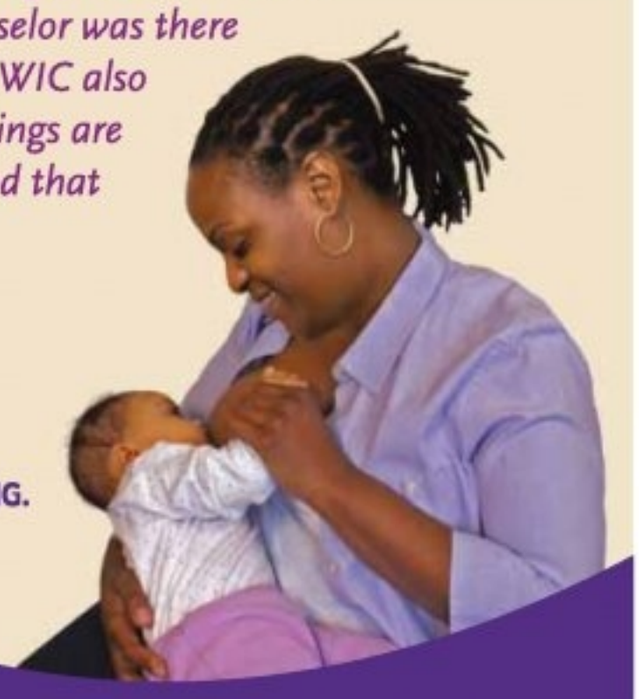
-Narissa, Cambridge



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Sgt. Shalit returns home to Israel in Palestinian swap

Israeli soldier Gilad Shalit and hundreds of Palestinians crossed Israel's borders in opposite directions yesterday as a thousand-for-one prisoner swap brought joy to families but did little to ease decades of conflict.

In one of the biggest ever such exchanges between the two sides, a pale and gaunt Sgt. Shalit was flown to his parents' home in northern Israel after more than five years held incommunicado by Hamas in the Gaza Strip, while a first 477 of over 1,000 Palestinians to be released under the bargain left Israeli jails for Gaza, the West Bank and abroad.

GETTY IMAGES

▶ Shalit is greeted by Israeli PM Benjamin Netanyahu.

Flag-waving crowds greeted long unseen loved ones as heroes and uncompromising talk on either side left few illusions for world leaders who urged Israel and the divided Palestinian factions to build on the long-awaited bargain brokered by Germany and Egypt to reopen wider peace negotiations.

In an interview with Egyptian television as he passed through on his way from Gaza, a visibly weak and dazed Shalit, 25, said of 5,000 Palestinians who remain in Israeli jails: "I hope this deal will promote peace between Israel and the Palestinians."

But, while leaders made mildly conciliatory comments about each other's role in achieving the deal, there was no sign of warmth across the frontline of the struggle for land and security between Palestinians and Israel. REUTERS

▶ "Infinity" was submitted by Miguel Julio.

Photo Challenge picture of the day

Congratulations to Miguel Julio, winner of Monday's Photo of the Day theme: movement. Today's theme is fun. To enter your photos on today's theme and for more information, visit www.metrophotochallenge.com.

RIM's new BBX OS unveiled

SAN FRANCISCO. Research In Motion will introduce souped-up operating software for its BlackBerry smartphone and PlayBook tablet designed to make both more formidable competitors to Apple and Google devices.

At a developers conference in San Francisco, the Canadian company said yesterday it would install its new BBX platform in next-generation devices but provided no timetable. REUTERS

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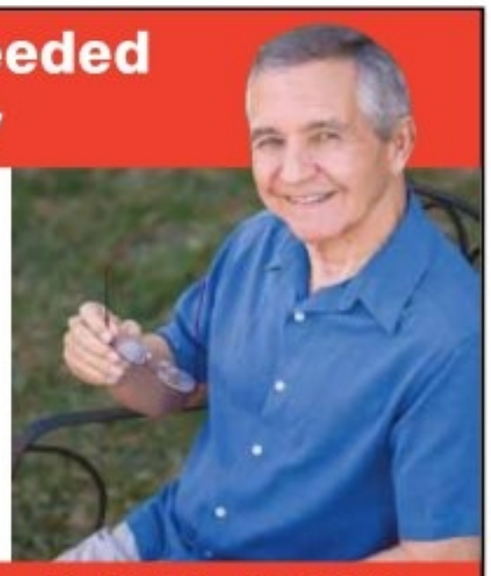

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The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Joel McHale would appreciate some shade, Jessica Simpson enjoys football fashion, Victoria Beckham is dishing out snack advice and Seth MacFarlane is having trouble with religion.

▶ **@joelmchale**
Dear Sun, I get it. You win. Uncle.

▶ **@JessicaSimpson**
I like the Patriots socks

▶ **@victoriabeckham**
healthy snack! Real, fruit sorbet.....freeze single, red grapes, put in small zip lock bags, eat fresh from the freezer x VB

▶ **@SethMacFarlane**
The Bible confuses me sometimes, 'cause I can never figure out which members of the family can understand God.

Victoria Beckham

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Soulja Boy arrested in Georgia

It's going to take a lot of fancy footwork for **Soulja Boy** to get out of this mess.

TMZ.com reports that the "Crank That" superstar (real name DeAndre Cortez Way) was busted for weed possession by Temple Police Department officers in Temple, Ga. early Tuesday morning.

Apparently, the car service Escalade the 21-year-old was riding in was pulled over for a traffic violation. The vehicle was then searched, and police found a "substantial amount of marijuana and cash inside the vehicle." The rapper, along with four other men who were in the car with him, were arrested on charges of possession of marijuana, possession with intent to distribute and possession of a firearm during the commission of a crime.

The site reports there "was roughly $70,000 in cash and drugs" in the car — as well as a gun.

Soulja Boy, seen attending the BET Awards earlier this month, is in trouble.

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DOROTHY ROBINSON'S WORD BLOG

▶ This face just asks for a beating, apparently.

LaBeouf gets punched yet again

Honestly, **Shia LaBeouf** gets into more fights than a gaggle of drunk Southies. The "Transformers" star got into yet another brawl at Cinema Public House in Vancouver last week, according to Radar Online. "He got into a confrontation with a couple of people. He took a few punches to the face. He was obviously pretty intoxicated," a source says. The actor and another patron were reportedly bounced from the establishment, but their altercation continued on the street until both could be restrained. TMZ.com has a clip of the fight (of course they do) and you can see a man tearing off his shirt before punching LaBeouf. It's refreshing to know people other than me want to punch him.

Talking points

Clooney debuts new girlfriend

While they've previously acknowledged their new relationship, **George Clooney** and girlfriend **Stacy Keibler** made their red carpet debut, posing for photos together at the New York Film Festival premiere of his new film, "The Descendants," according to Hollyscoop. While Keibler previously competed on "Dancing with the Stars," Clooney swore he'd never be a contestant. "I'm a terrible dancer," he said.

▶ Stacy Keibler and George Clooney made their first red carpet appearance in New York.

'Hannah Montana' DUI arrest

Mitchel Musso, the 20-year-old former "Hannah Montana" actor, was arrested for driving under the influence earlier this week, according to TMZ. Musso was pulled over after failing to slow down for police who were directing traffic at an intersection. According to the police report, officers approached Musso's 2007 black Mercedes Benz and detected a "strong odor of alcohol." Musso was administered a Breathalyzer and tested "well above" the legal limit.

Sarandon vs. Pope Benedict XVI

Susan Sarandon is taking on **Pope Benedict XVI**. While discussing "Dead Man Walking" at the Hamptons Film Festival, Sarandon had some unkind words for the head of the Catholic Church, according to Newsday. Sarandon explained that she'd sent a copy of the book upon which the film was based — which advocates against the death penalty — to the pontiff. "The last one," Sarandon clarified, "not this Nazi one we have now."

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Let's hear it for the girls!

1. Barbra Streisand spoke onstage during ELLE's 18th annual Women in Hollywood Tribute event at the Four Seasons Hotel in Beverly Hills on Monday.

2. Making her first appearance since reports of Ashton Kutcher's infidelity went public, a very thin Demi Moore walked the red carpet at the New York premiere of her new film, "Margin Call," on Monday. And yes, she wore her wedding ring.

3. Jennifer Aniston wore a plunging dress at ELLE's 18th annual Women in Hollywood Tribute.

4. Across the Atlantic, Queen Elizabeth II (looking great at 85!) delivered a speech as she opened the Round Square International Conference at Wellington College in England on Monday.

5. Katy Perry and her mother-in-law Barbara Brand attended the "Ghost the Musical" at the Piccadilly Theatre in London on Monday.

6. Jennifer Lopez promoted her exclusive fashion and home collection for Kohl's Department Stores at Mohegan Sun on Tuesday in Uncasville, Conn.

7. Mary Kate Olsen attended The New York Academy of Art's 20th annual "Take Home a Nude" benefit at Sotheby's in New York City on Monday.

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TV watch list

'Pretty Little Liars'

DRAMA. The besties of "PLL" — including a still-living Alison, as this special flashback episode is set before she vanished — get glammed up as a witch, Mary Queen of Scots, Pocahontas, Britney Spears and Lady Gaga. Expect plenty of tricks and treats as fans get a better look at some of the secrets these girls have long been hiding. **8 p.m., ABC Family**

AMBER RAY

MTV2 must-see

This Friday, experience true fantasy football live as the Lingerie Football League's Cleveland Crush take on the Tampa Breeze. Catch all of the action, this and every Friday at 10 p.m., only on MTV2.

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California four-piece grow up with 'Only in Dreams' Singer talks about what she thinks is and isn't different with her band's new album

DUM DUM GIRLS GET SMART

The difference between the music of "I Will Be," the Dum Dum Girls' 2010 debut, and this year's "Only in Dreams," is undeniable. Yet singer and guitarist Kristen Gundred tries to deny it. At least at first.

"To me it's not a dramatic shift," she says. "It's part of a process."

The singer, who writes all of the songs and goes by the stage name of Dee Dee, says that if there is any difference, it may have to do with her recording setup.

"When I started, it was just something I was doing in my spare time in my house — the first songs I had written, my first attempts at recording myself — and the context of what I was doing was very different," she says, "but what I do, it hasn't changed much. I write simple pop songs, and try to infuse them with meaningful words. That's always been my deal."

It's hard to tell if she's being humble or stubborn. While all Dum Dum songs do fit Dee Dee's description — both albums showcase an appreciation for both the classic songs of the '50s and '60s as well as the punk rock that followed in the next two decades — the biggest change is that on the debut, the guitars flood over elementary melodies, while the "Only in Dreams" sound is full of proud and pronounced melodies that float on top of richly textured instruments and background vocals. Dee Dee at times even sounds like Pretenders singer Chrissie Hynde, a comparison which would have never worked for the first album.

The lyrics are also more sophisticated on the most recent offering, at times dealing with the singer's mother's fatal illness.

One thing that Dee Dee will admit is that her tone has definitely changed.

"I was sort of into having a bit more of a nonchalant tone at the time," she says of the debut, "and that's just not appropriate for the most recent batch of songs."

LAUREN DUGOFF

▶ We like to call the style of music that the Dum Dum Girls play Oldies on Drugs. What does Dee Dee, second from left, think of that? Download our podcast at www.metro.us/mixtape.

If you go

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'Gets Me High'

The Dum Dum Girls EP from this summer, "He Gets Me High," is a perfect transition between the two types of Dum Dum sounds. It also features a killer cover of The Smiths' "There Is A Light That Never Goes Out."

"A lot of times, it's just a song I love," says Dee Dee of her covers philosophy. "Or it's something where regardless of the style ... there's an undeniable pop element of the song I can cover in a very Dum Dum Girls way."

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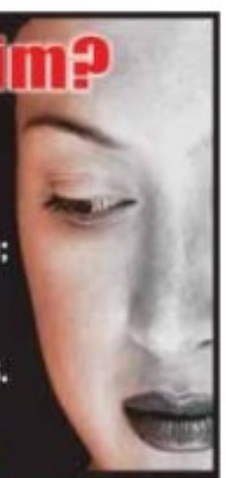

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Should you get a flu shot?

You're not ready for sniffle season until you get one, expert says Plus: Does the vaccine give you the flu?

With unseasonably warm weather bathing the Northeast in a sense of summery security, it's been hard to imagine that the winter flu season is already upon us. However, October through March is the official period when influenza strikes most, well, virulently.

"You should get your flu shot as early as you can," says Boston-based CVS pharmacist Minh Do, PharmD. "That allows your immune system time to build up antibodies." Your body makes these proteins to fight bacteria and diseases.

It takes approximately 14 days for flu shots to become effective, so if you happen to catch the bug right after your shot, it's not because of the vaccine itself.

Who's at risk?

Do says the vaccine "is the best way to protect yourself against the flu virus, particularly for people who are more vulnerable." Those most vulnerable to getting the virus include:

- Anyone with a weakened immune system
- Children under six
- Pregnant women and their husbands
- Nursing professionals
- Elderly people over 65

"You are not instantly protected right when you get the flu shot," Do continues. "You can never, ever get the flu virus from the flu shot. You might have already gotten the flu, but you may not have exhibited the symptoms until a few days later."

The World Health Organization has predicted that this season's strain will be the same as last winter's, but that doesn't mean that last year's shot is still good.

"Flu shots have a lifespan of four to six months. You need to get another one this year," says Do.

The standard flu shot also includes immunization against the H1N1 (so-called "swine flu") virus, but it won't protect against other yet-unknown flu strains.

"The WHO tries to predict the seasonal flu vaccine for the upcoming season, so it takes about six months to produce the appropriate vaccine based on the research of thousands of strains out there," Do says. "The WHO recommends which three flu viruses to be included in the seasonal flu vaccine to the FDA, and then the FDA determines which vaccine goes into production, which takes six months. In the next few months they'll be predicting the next flu strains for the upcoming 2012 season. So it's a long, long process."

DIGITAL VISION

▶ If you get your flu shot, you're less likely to wind up like this guy.

Flu shot locations

- **CVS/pharmacy** and **MinuteClinic** locations, no appointment necessary, $30, insurances accepted
- **Stop & Shop**, no appointment necessary, $30, insurances accepted
- **Walgreens**, no appointment necessary, $32, insurances accepted

The flu's impact

According to Walgreens, last flu season, many Americans' social lives were interrupted by the flu:

- More than 600,000 graduations were missed
- More than 1 million weddings weren't attended
- Nearly 5 million holiday celebrations were missed
- More than 3 million vacations were changed
- More than 5 million sporting events were missed

LINDA CLARKE
letters@metro.us

Today in medicine

Blood pressure and restless legs syndrome

Study subjects: Women with RLS
Location of study: U.S.
Results: Middle-aged women with restless legs syndrome are 20 percent more likely to also have hypertension, and those who experience regular instances of RLS (15 or more times a month) were 41 percent more likely to have it, per the journal Hypertenison.
Significance: High blood pressure is a strong risk factor for heart disease.

Chocolate and stroke risk

Study subjects: 33,372 women aged 49 to 83
Location of study: Sweden
Results: Women who enjoy chocolate in moderation may be at a lower risk for stroke than those who don't, Time.com reports. Women who ate between one and two bars a week had a 20 percent lower risk of stroke than those who ate the smallest amount.
Significance: Chocolate has also been linked to lower blood pressure and a lower risk for heart disease, but it's still high in sugar and calories.

COMPILED BY LINDA CLARKE

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Letters

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Protesters have no clue

RE: "US PROTESTS CALL, LONDON PICKS UP": Metro asked three London protesters why they were protesting; none could answer the question. They spoke in generalizations and abstractions like "raising awareness" and who is portrayed in the media. But they never said why. Considering that the Brits have cradle-to-grave health care and often "go on the dole" when they are unemployed, it's surprising that they have any reason to protest at all.
FRANK GIALLOMBARD, VIA E-MAIL

GOP: Grand Oil Patrons

The Republican-controlled House of Representatives is pushing for what? More oil drilling and using the Gulf spill to push for more land drilling everywhere. Drilling does not create jobs for ordinary people, just oil industry insiders.
ANTONIO BENJAMIN, VIA E-MAIL

Obama wants to destroy us

RE: "PRESIDENT BLASTS GOP JOBS BLOCKS": This president is using our country as a credit card with no limit. We have a national debt of $14.8 trillion and he wants to pass a jobs bill for $477 billion? Where is he getting this money? What he needs to do is create incentives for companies to bring their manufacturing back to the states.
RYAN HANDREN, VIA E-MAIL

The president is cramming green energy down our throats. That is because unions are major contributors to the Democrat party, and he is hellbent on destroying our energy industry because he's afraid of the environmental radicals showing they are more radical than he.
JOHN SANGENARIO, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Where is your outrage now?

The complacent attitude from many of the clear anti-Semitic remarks and signs in many, many of these OWS protests all over the country is sickening. Look on many websites for proof of these remarks. If any one of these were about blacks, gays or Muslims, there would be outrage from all sides. **JOAN HAZLET, VIA E-MAIL**

Forget Mitt; how's Hussein?

If only the media could recognize its corruption. They are so concerned about the Mormon background of Romney, yet completely ignored the Muslim background of our own President Hussein Obama. **BILL DUNCAN, VIA E-MAIL**

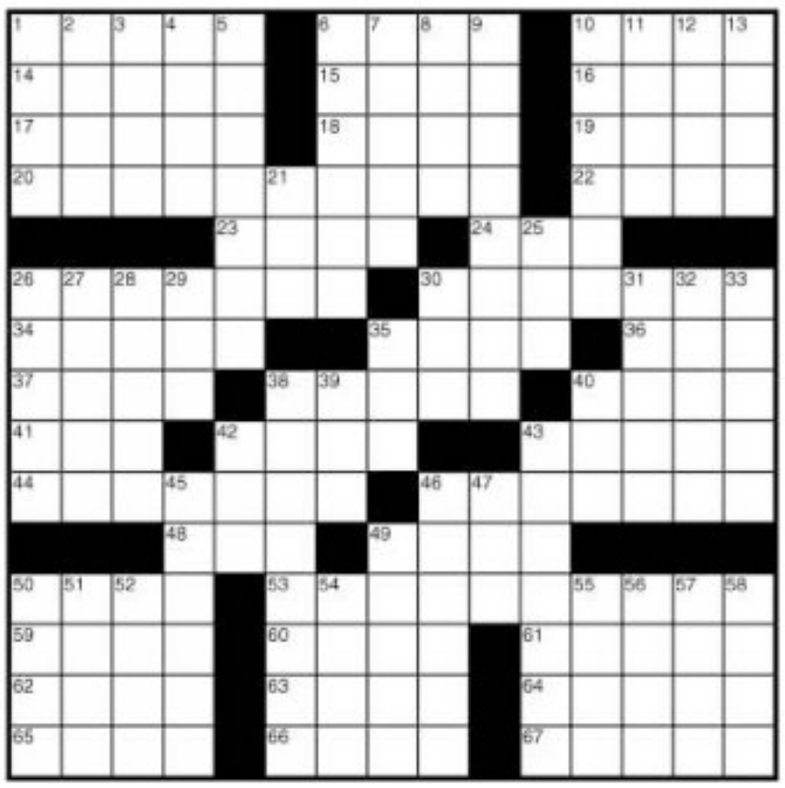
Horoscope

♎ Libra **Sept. 23-Oct. 23.** Take care not to let your anger out on an innocent bystander if you are outmaneuvered on an important matter. Count to 10 before opening your mouth.
♏ Scorpio **Oct. 24-Nov. 22.** Maintain mental discipline regardless of what happens to throw you off. Underestimating the value of essential elements in your endeavors could cause you to unravel.
♐ Sagittarius **Nov. 23-Dec. 21.** Keep both your social and business contacts separate and, above all, avoid all speculative arrangements with friends. If things don't go the way they should, you'll be to blame.
♑ Capricorn **Dec. 22-Jan. 19.** Taking on more objectives or projects that you can comfortably manage is self-defeating, so don't gamble on your workload. Dedicate yourself to only one or two targets.
♒ Aquarius **Jan. 20-Feb. 19.** Don't be coerced into putting your signature on something that you're hesitant about. What you agree to might be deliberately distorted.
♓ Pisces **Feb. 20-March 20.** It behooves you to be self-reliant, because people upon whom you depend might make promises they later find they can't keep.
♈ Aries **March 21-April 19.** If you're a bit slow and your thinking isn't quite as sharp as it usually is, forgo attempting to match wits with an adversary. Back off until a riper time.
♉ Taurus **April 20-May 20.** Look before you leap when attempting to handle a complex assignment. You could easily misread something and end up making your task twice as hard to accomplish.
♊ Gemini **May 21-June 20.** There is a strong chance that some social plans you've been looking forward to will get canceled or postponed. Be prepared with some backup plans.
♋ Cancer **June 21-July 22.** It's never smart to allow someone who can be dead weight into an arrangement where you and several others are aiming for a specific target. He or she is likely to hold you back once again.
♌ Leo **July 23-Aug. 22.** There is one thing that could cause you much disarray, and that is proceeding forward on an idea without laying out a proper game plan. Take a moment to formulate one.
♍ Virgo **Aug. 23-Sept. 22.** Unless you are prudent in the management of your resources, you're not likely to have the financial wherewithal to make ends meet when you really need to. **BERNICE BEDE OSOL**

SHARE YOUR VIEWS ON THE WORLD OF NEWS, LEAVE COMMENTS, RESPOND TO OPINIONS AND MUCH MORE www.metro.us

Across
1 Deep-space mission
6 Guthrie genre
10 "__ Dick"
14 Poe's visitor
15 D'Artagnan prop
16 Knights of __
17 Torpid
18 Candy striper
19 One-time Queens ballpark
20 Hot cookie
22 Romanov title
23 Ceremony
24 Taro-root paste
26 Ball game starters
30 Mask wearer
34 Plied a needle
35 Reality
36 AAA suggestion
37 Carpenter's wedge
38 Limerick, e.g.
40 "Star Trek" android
41 Bobby of hockey
42 Pageant figures
43 Gene Autry movie
44 Offender
46 Working cats
48 Mil. branch
49 First cousin's mom
50 Warden's fear
53 Do the same (2 wds.)
59 No future __ __
60 Ill-fated sibling rival
61 Large artery
62 Consumer gds.
63 Lo-cal
64 Cabbie's fare
65 Took a gander
66 Heavy metal
67 Marching band needs

Down
1 Stuffed shirt
2 Rajah's consort
3 Pizza baker
4 Liner sinker
5 Went inside
6 Sumptuous repasts
7 Hazard a guess
8 A moon of Jupiter
9 Not lag behind (2 wds.)
10 Saint, often
11 Aahs' companions
12 La __ tar pits
13 Four quarters
21 Crater edge
25 Libras' mo.
26 Kind of prof
27 Gandhi associate
28 Use a baton
29 Finish a dress
30 Plow into
31 Expound at length
32 Abalone eater
33 Draws close
35 Memo abbr.
38 Shower
39 Alt.
40 U-boat movie "__ Boot"
42 Half a couple
43 External
45 Tapped, in golf
46 Ruminated
47 The Plastic __ Band
49 Comic-strip queen
50 Hoarfrost
51 __ 500
52 Seine feeder
54 Drama prize
55 Evening in Paris
56 Karachi tongue
57 Thing
58 Sailors



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	5			6			3	
	3				9	7		
				3				2
8	1		6				7	5
2	4			5	7			

SUDOKU **LEVEL: EASY**

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8		1			2			
				2	8	4		3
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2		3	5	4				
			8			3		2
	1			9				5
3		5	2		4			

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Bye week not quite a vacation for Pats

Coaches still busy during week off from play ◗ Big time of year for PUP list players, too ◗ Faulk back

A fair amount of Patriots players will be leaving town this weekend to enjoy the team's bye with friends and family.

But the week off isn't a vacation for everybody.

New England's coaching staff will be using the extra time to evaluate the 5-1 team and look ahead to games against the Steelers, Giants and Jets.

And Week 6 is especially key for players who started the season on the PUP list. Yesterday was the first time they were allowed to practice, and Kevin Faulk, Ron Brace and Brandon Deaderick took the field.

The team now has three weeks to determine their roster status. The Pats currently have two open spots.

"They've been working on their own to be ready to practice when they're cleared to practice — running, lifting, changing directions, different strength, agility and speed drills," coach Bill Belichick said yesterday.

Faulk, a Patriots lifer going into this 13th season, is coming off a torn ACL suffered in Week 2 of the 2010 season.

He'd provide a nice third or fourth choice at running back — and a reliable third-down option — since Danny Woodhead and Shane Vereen have been dealing with injuries all season.

Meanwhile, it's still far too early to determine if O-lineman Marcus Cannon is close enough to return this season while recovering from non-Hodgkin's lymphoma.

JIMMY TOSCANO
sport@metro.us

GETTY IMAGES

▶ Kevin Faulk practiced with the Patriots yesterday after starting the year on the PUP list.

3

Quoted

"There's going to always be guys who win championships in the NBA. Except LeBron."

NBA HALL OF FAMER MAGIC JOHNSON, POKING FUN AT THE HEAT STAR'S PLAYOFF WOES

On the air Oct. 30

Patriots at Pittsburgh
4:15 p.m., CBS, 98.5 FM

Palmer traded to Raiders

The surprising Raiders made a surprise move yesterday, trading for holdout Bengals QB Carson Palmer.

The passer costs Oakland at least its 2012 first-round pick.

Raiders starter Jason Campbell is out with a broken collarbone, while Andy Dalton is starring in Cincinnati. METRO

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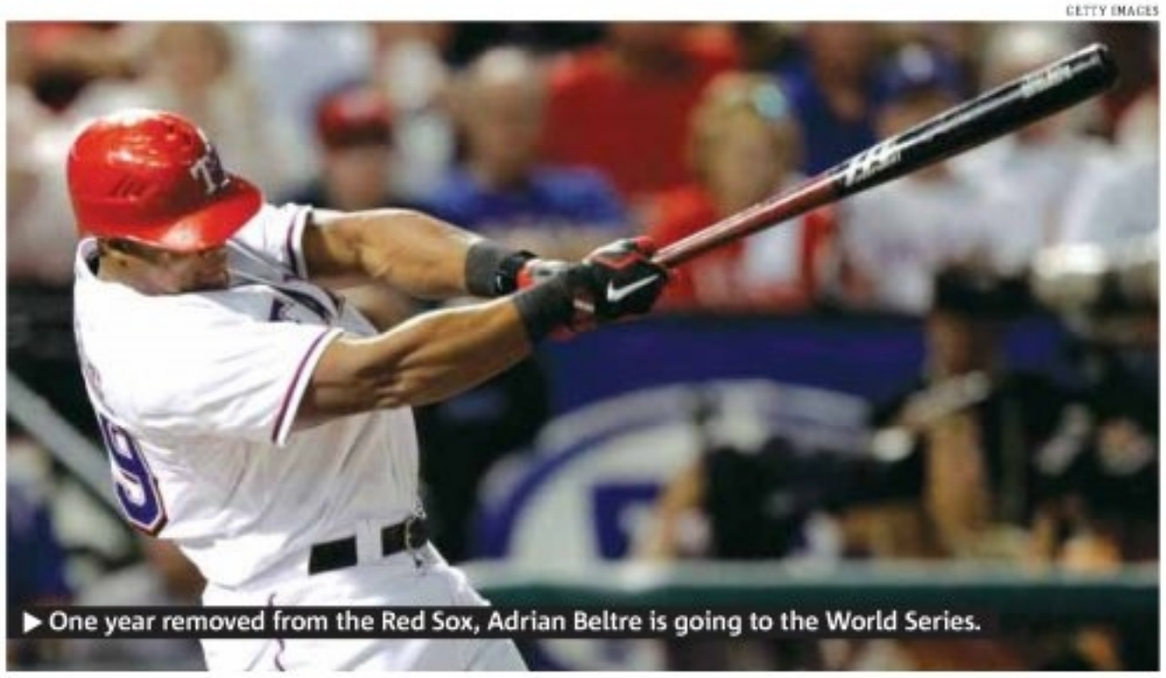
Beltre looking for title with Rangers

Star third baseman departed the Red Sox as a free agent in offseason
Boston chose Adrian Gonzalez They missed his clubhouse leadership

GETTY IMAGES



One year removed from the Red Sox, Adrian Beltre is going to the World Series.

Adrian Beltre had a rough go of it last week.

First, he fouled a ball hard off his knee Wednesday, then became so ill during the weekend he had to pass on the ALCS-clinching celebration Saturday night.

Well, maybe it wasn't such a bad week after all for Beltre, who plays in his first-ever World Series, starting tonight against the NL champion Cardinals in St. Louis.

And certainly Beltre is having a better week, month and year than the team he left behind after last season. With the Red Sox targeting Adrian Gonzalez and moving Kevin Youkilis back to third, Beltre became the odd man out in Boston, despite hitting 28 homers with 102 RBIs in a contract year.

The defending AL champion Rangers came calling, signing the 32-year-old Gold Glover to a six-year, $96 million deal.

Beltre proved last season was no fluke. Despite playing in 30 fewer games because of a leg injury, he increased his home run and RBI totals to 32 and 105.

He hit three home runs against the Rays — the team that denied him a shot at facing his old teammates from Boston — in the ALDS clincher.

Perhaps most importantly, Beltre provided the Rangers with a strong clubhouse presence — something that was sorely missing in Boston in 2011.

"Beltre is a great addition, not only his leadership but his offensive prowess and his defense," Rangers manager Ron Washington said. "You can't ask for more. The relaxed atmosphere he creates on the bench is good."

JEFF GOLDBERG
sports@metro.us

He's not the only one

David Murphy has had a strong postseason for the Rangers, too.

- **You might remember him** from his time in the Red Sox organization — and a few big league games in 2006 and '07.
- **Boston shipped him** to Texas at the 2007 trade deadline in the deal for reliever Eric Gagne.
- **Murphy is hitting .391** with a 1.047 OPS in 23 at-bats during the playoffs.

Sports in brief

No Italy deal for Kobe ... yet

BOLOGNA, ITALY. The Italian team looking to bring Kobe Bryant into the fold this season can't do the deal until next month.

"Unexpected engagements" are making it impossible for Virtus Bologna to complete a deal in October, according to online reports.

The club is apparently still close to a short-term contract with the NBA superstar. METRO

St. Pierre out of UFC 137 bout

LAS VEGAS. Georges St. Pierre has dropped off the UFC 137 card with a knee injury.

St. Pierre, who was scheduled to defend his UFC welterweight title against Carlos Condit at the Oct. 29 event, was hurt yesterday.

Nick Diaz and B.J. Penn will meet in the new main event. METRO

"Football cannot be mixed with politics."

German soccer star **Miroslav Klose**, disassociating himself from a sign held up by fans of his Italian club, Lazio.

The sign, written in a font reminiscent of the Nazi SS emblem, read "Klose mit uns," an apparent take on "Gott mit uns" — a Nazi military slogan. METRO

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For more information, contact:
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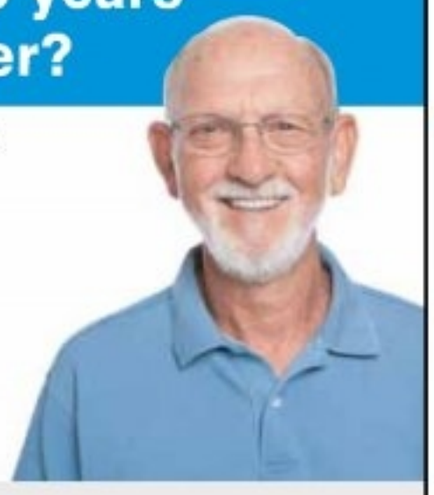
Are you 60 years old or older?

Do you suffer from back pain, neck pain, knee pain, hip pain, pain from joint replacement, arthritis or headaches?



Are you on prescription pain medication?

Men who are 60 years and older are needed for a two visit study evaluating effects of low testosterone on body fat, muscle, physical function and risk factors for heart disease. If you suffer from pain and are on pain medications you may qualify.

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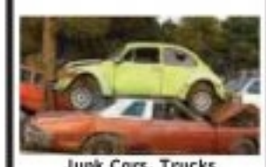

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Groundbreaking residences

With construction beginning on the Avalon Exeter, Back Bay may be getting nearly 200 new neighbors

Construction on a residential tower in Back Bay began last month, adding to the long list of rental projects popping up in downtown Boston.

The 28-story building, known as Avalon Exeter, will be located at 88 Exeter St. near Lord & Taylor and the Prudential Center plaza. The building will house 187 rentals, including studios, one, two and three-bedroom units.

The construction of the building will include the installation of a large staircase and indoor elevator aimed at moving pedestrians from Exeter Street up to the Prudential Center plaza. The goal of the installation is to remove "the wall" effect that currently exists on Exeter Street, according to the Boston Redevelopment Authority. City officials are hoping the project will improve access between the Prudential Center and the area surrounding Copley Place and the Boston Public Library.

The project, spearheaded by AvalonBay — a rental development company located in Washington, D.C., is expected to cost $100 million and create 300 construction jobs.

CHRISTINA WALLACE
christina.wallace@metro.us

ELKUS MANFREDI ARCHITECTS

▶ These are renderings of the outside of Avalon Exeter, a rental tower now being constructed in Back Bay.

For rent

Avalon Exeter adds to a laundry list of rental projects under way in Boston. In August, construction began on a rental tower in the Bullfinch Triangle area near North Station which will house 286 high-end rental units, and in nearby Chinatown there are several rental projects in the works. Last month, the Boston Redevelopment Authority also approved a plan for a mixed-use project in the Fenway area that includes 150 rentals.

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24-inch built-in dishwasher, $899-$999, www.electroluxappliances.com

The Boston Home Center

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When you buy a foreclosed home in certain areas of Dorchester, Mattapan, Hyde Park, Roxbury or East Boston, you may be able to receive up to $25,000 toward buying your home, or up to $65,000 toward renovating it from the Boston Home Center!

To find out more, visit:
www.cityofboston.gov/dnd/NSP.asp
or call 617-635-HOME (4663).

This program is made possible through HUD's Neighborhood Stabilization Program and is subject to funding availability.

City of Boston, Thomas M. Menino, Mayor
Department of Neighborhood Development
Evelyn Friedman, Chief and Director

Affordable Homeownership Opportunity

Bartlett Square
156 Green St, Jamaica Plain, MA 02130
2 Units

# of Units	Type	Price	Income Limit
1	1br	$178,800	up to 80%
1	2brs	$258,300	100%

Maximum Income Per Household Size

HH size	80%	100%
1	$54,050.00	$67,550.00
2	$61,750.00	$77,200.00
3	$69,500.00	$86,850.00
4	$77,200.00	$96,500.00

Applications may be picked up in-person, emailed or delivered via mail
In-person from 156 Green St, Jamaica Plain MA 02130:

Tuesday November 1 through Thursday November 3, 2011
Friday November 4, 2011, 5-8pm
Saturday November 5, 2011, 9am-1pm

Email requests to:
applications@bartlettsqcondos.com
between Tuesday November 1 and Saturday November 5, 2011

Send mail requests to:
Bartlett Sq, 103 Terrace St Roxbury Crossing MA 02120
postmarked by Saturday November 5, 2011.

Deadline for completed applications at the above address:
In person by 4pm, Saturday November 19, 2011 or emailed, mailed and postmarked by that day

Selection by lottery.
Asset, Use & Resale Restrictions apply. Minimum income limits apply.

Preference for Boston Residents.
Preference for Households with at least one person per bedroom.
Preference for First-Time Home buyers.

For more information or reasonable accommodations for persons with disabilities, call Derek Boudreau, Maple Hurst Builders, Inc 617-784-8276

Equal Housing Opportunity

Metro Boston Mortgage Guide

Bankrate.com

Program	Rate	Points	Fees	% Down	APR
East Cambridge Savings Bank				**617-551-2413** http://www.ecsb.com	
30 yr fixed	4.250	0.000	$959	20%	4.299
15 yr fixed	3.750	0.000	$959	20%	3.836
10/1 jumbo ARM	4.750	0.000	$787	20%	4.061
5/1 jumbo ARM	4.250	0.000	$787	20%	3.372
(C) 292 Cambridge St., Cambridge, MA 02141					*NMLS# 441396*

Program	Rate	Points	Fees	% Down	APR
Commonwealth Cooperative Bank				**617-364-6000** http://www.commonwealthcoop.com	
30 yr fixed	4.250	0.000	$1164	20%	4.310
15 yr fixed	3.750	0.000	$1164	20%	3.854
30 yr jumbo	4.990	0.000	$164	20%	4.993
15 yr jumbo	4.875	0.000	$164	20%	4.881
(C) 1172 River Street, Hyde Park, MA 02136					

Legend: The rate and annual percentage rate (APR) are effective as of 10/17/11. © 2011 Bankrate, Inc. http://www.interest.com. The APR may increase after consummation and may vary. Payments do not include amounts for taxes and insurance. The fees set forth for each advertisement above may be charged to open the plan. (A) Mortgage Banker, (B) Mortgage Broker, (C) Bank, (D) S & L, (E) Credit Union, (BA) indicates Licensed Mortgage Banker, NYS Banking Dept., (BR) indicates Registered Mortgage Broker, NYS Banking Dept., (loans arranged through third parties). "Call for Rates" means actual rates were not available at press time. All rates are quoted on a minimum FICO score of 700. Conventional loans are based on loan amounts of $165,000. Jumbo loans are based on loan amounts of $435,000. Points quoted include discount and/or origination. Lock Days: 30-60. Annual percentage rates (APRs) are based on fully indexed rates for adjustable rate mortgages (ARMs). The APR on your specific loan may differ from the sample used. Fees reflect charges relative to the APR. If your down payment is less than 20% of the home's value, you will be subject to private mortgage insurance, or PMI. Bankrate, Inc. does not guarantee the accuracy of the information appearing above or the availability of rates and fees in this table. All rates, fees and other information are subject to change without notice. Bankrate, Inc. does not own any financial institutions. Some or all of the companies appearing in this table pay a fee to appear in this table. If you are seeking a mortgage in excess of $417,000, recent legislation may enable lenders in certain locations to provide rates that are different from those shown in the table above. Sample Repayment Terms – ex. 360 monthly payments of $5.29 per $1,000 borrowed ex. 180 monthly payments of $7.56 per $1,000 borrowed. We recommend that you contact your lender directly to determine what rates may be available to you. **To appear in this table, call 800-509-4636. To report any inaccuracies, call 888-509-4636. • http://metroboston.interest.com**

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Household size:	1 person	2 person	3 person	4 person	5 person	6 person
2 bedroom	$60,800	$69,500	$78,150	$86,850	$93,800	$100,750
3 bedroom	$74,300	$84,900	$95,500	$106,150	$114,650	$123,150

APPLICATIONS AVAILABLE NOVEMBER 1 – NOVEMBER 15
on-line at www.baileyboyd.com/housing-lotteries,
by e-mail - Lzola@baileyboyd.com, by phone - 508-430-4499x3; in person at Open House

OPEN HOUSE: FOR MORE INFO PLEASE JOIN US
Sat Nov 12, 11 am -1 pm at 1B Louis Terrace, Dorchester (model unit)

COMPLETED APPLICATIONS DUE TUESDAY NOVEMBER 22
Completed applications must be mailed to Leedara Zola, Bailey Boyd Associates, Inc.
PO Box 215, West Harwich, MA 02671 (must be postmarked on/before Nov 22, 2011).

SELECTION BY LOTTERY
Asset Limits, Use and Resale Restrictions apply. Preference for Boston residents, households of at least one person per bedroom, and for first-time buyers.

For reasonable accommodations, please call Leedara at 508 430-4499 x3.

Equal Housing Opportunity

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REAL ESTATE ON THE GO!

BUTTONING UP YOUR HOUSE

By Attorney George Warshaw

Winter is approaching and the most vulnerable location of energy leakage and wasted dollars are drafty windows. It may be time to replace them.

To learn about replacement windows I spoke with certified master installer **Fred LaCorte,** of Climate Door & Window, (781-681-7007; climate-door@verizon.net).

"For most people the first choice is usually whether to get single, double or triple pane windows. Single pane windows offer little or no energy loss protection. Double and triple pane obviously provide more protection, much in the way adding a thin liner into your winter gloves keeps your hands warmer," Fred told me.

"Homeowners can increase their energy efficiency in several ways.

"lowE is a coating placed on the glass that reflects radiant warming heat back into the atmosphere during summer months, while allowing the sun's heat to penetrate into the house during the winter months, thus keeping the house warmer when it's needed most. It also provides UV protection for furniture and carpets.

"Some double and triple pane windows have a gas layer of argon added between the panes," Fred explained. "Gas acts like an installation barrier and prevents heat loss in the winter and air conditioning loss in the summer."

See the full article and learn how windows are energy rated at:
www.georgeinthemetro.com.
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George Warshaw is a real estate attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions at metro@warshawlaw.com.

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